

HOW TO USE HEAT PACKS



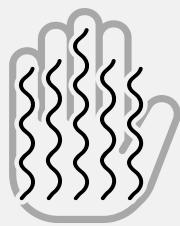
This guide provides step-by-step instructions for safely using our heat packs, including hand, toe, and body packs. To ensure maximum warmth and safety, follow the directions carefully:

- » **Do not apply heat packs directly to skin.**
- » **Use only as directed.**
- » **Avoid use while sleeping.**
- » **Discontinue use if discomfort or irritation occurs.**



These packs are not recommended for individuals with sensitive skin or circulation issues and are single-use only—do not reuse.

HAND HEAT PACK INSTRUCTIONS



Up to 12 Hours of Warmth

1. Open package and expose pack to air
2. Allow pack to air-activate (5 minutes)
3. Place pack inside glove or in pocket

Part: 399-HEATPACK

TOE HEAT PACK INSTRUCTIONS

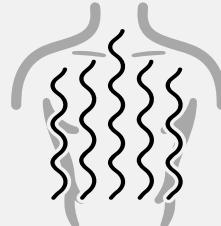


Up to 8 Hours of Warmth

1. Open package and expose pair to air
2. Separate the pair
3. Peel off adhesive backing
4. Apply one warmer to the top OR bottom of each sock near the toes

Part: 399-HEATPACK-TOE

BODY HEAT PACK INSTRUCTIONS

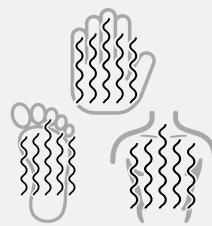


Up to 12 Hours of Warmth

1. Open package and expose pack to air
2. Allow pack to air-activate (15-30 minutes)
3. Peel off adhesive backing
4. Apply to inside of jacket or to base layer

Part: 399-HEATPACK-BODY

MULTI HEAT PACK



Up to 8-12 Hours of Warmth

Multi-Pack combines Hand, Body, and Toe Warmers for full-body comfort in cold conditions.

Part: 399-HEATPACK-MULTI